January 2020 Edition Asian Outstanding Business Leader

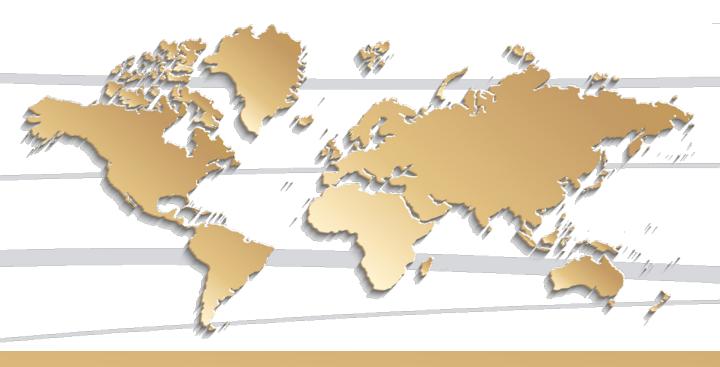
THE PROFILE OF THE FOUNDER





Professor Dr. MD BIPUL NAZIR

Founder & Managing Director
H Healthcare Group



GLOBAL BUSINESS LEADER

Chairman

- O HHBC Corporations Management Co Ltd
- International Training and Development

Founder & Managing Director

- H Healthcare Berhad
- O H Healthcare Group

Managing Director

- H Healthcare Berhad
- O H Medical Centre Sdn. Bhd.
- O H Healthcare Clinics Group
- O H Telemedicine New York
- H Medical Group
- H Air Ambulance
- HBWTV Sdn Bhd
- BeFit Wellness Hub Sdn Bhd
- O GreenLife Health Care
- McClane Capital London
- O The Fruit Story Sweden

Director

New World Medical Centre







Message from the Founder

It is my distinct pleasure to extend a warm welcome to you on my personal profile and introduce H Healthcare Berhad - a healthcare group that is guided by a clear vision, mission, and values, dedicated to delivering the highest standards of healthcare. Our unwavering commitment is to attain and uphold excellence in all facets of our operations. At H Healthcare, we prioritize the comfort and satisfaction of our clients and patients.

Taking into consideration the sensitivity to our patients' needs, we are resolute in delivering superior medical care within a welcoming environment. Our esteemed medical staff comprises highly skilled and experienced physicians covering a diverse array of medical specialties, complemented by well-trained nurses, allied health professionals, medical technicians, and dedicated support staff. Together, we are devoted to providing you with unparalleled service and care during your time with us.

Beyond the treatment, care, and management of our clients and patients, we actively engage in disease prevention initiatives and offer preventive health services to align with the government's efforts to foster a healthy nation. We advocate for individuals to take charge of their health through our executive health management programs. At H, we aim to ensure that your experience is not only pleasant but also convenient and comfortable. Most importantly, we are dedicated to helping you prevent diseases and maintain good health for an extended period. We are eager for the opportunity to serve you and your family and sincerely appreciate the trust you place in us.



The Global Entrepreneur

Professor Dr. Md Bipul Nazir, the Founder and Managing Director of H Healthcare Berhad, is a seasoned Global Entrepreneur with over a decade of diverse experience spanning healthcare, shipping, garments, oil & gas, trading, training, IT, airlines, and agriculture industries. As a global entrepreneur and expert in the healthcare sector, Dr. Nazir recognizes the inherent potential for sustainability and reliability within the healthcare domain.

Guided by his adept leadership and entrepreneurial acumen, Prof. Nazir holds significant business interests in various ventures, including New World Medical Centre, H Clinics Group, H Telemedicine New York, H Air Ambulance, The Fruit Story Sweden, Greenlife Healthcare, BeFit Wellness Hub Sdn. Bhd., HBW TV Sdn. Bhd., and McClane Capital London. Additionally, he serves as the Executive Chairman of HHBC Corporation Management Co. Ltd. and the International Training & Development Institute (ITDI).

Prof. Nazir's multifaceted expertise and global perspective underscore his commitment to advancing the healthcare industry, and his diverse business portfolio reflects his unwavering dedication to driving innovation and excellence across international markets.



In the realm of healthcare, Professor Dr Md Bipul Nazir ardently upholds his mission and vision to advance the industry, aiming to save more lives. His commitment to leading his companies with unwavering integrity and a foundation built on love, care, and compassion underscores his dedication to this noble cause. Collaborating closely with Harvard-trained leaders in medicine and healthcare research, Prof. Nazir also engages with specialists and consultants across diverse fields of medicine, as well as accomplished professionals in allied health and alternative medicine.

Professor Dr Md Bipul Nazir has achieved a significant milestone with the endorsement of Harvard for the world's first "Comprehensive Health Advanced Management Programme (CHAMP)." This groundbreaking program adopts a holistic approach, offering a total healthcare solution that integrates the most advanced and modern technology. Driven by a deep sense of responsibility, Prof. Nazir's initiatives represent a commitment to leveraging cutting-edge practices and collaborating with esteemed institutions to elevate the standards of healthcare on a global scale.



The Leader with Integrity!

The CHAMP program represents a forward-looking paradigm for the healthcare industry, having garnered endorsement from Harvard. It integrates adaptive leadership approaches in medicine with a meticulously structured system, offering a distinctive fusion of modern medicine and alternative therapies. This approach extends to lifestyle modifications and dietary habits, with CHAMP advocating for natural healing through activating individual body cells and the immune system. This innovative paradigm shift is poised to become a more widely accepted solution compared to conventional stem cell technology.

Professor Dr Md Bipul Nazir envisions establishing top-tier healthcare infrastructure in the South East Asian region, prioritizing the well-being of those in need. His focus extends beyond delivering quality and contemporary care to emphasizing the value of care for patients. Prof. Nazir places integrity at the forefront of his business philosophy, introducing a novel approach to patient management and cultivating a culture of comprehensive patient care across clinics, medical centers, and hospitals under his guidance. This commitment reflects a dedication to elevating healthcare standards and patient experience on a global scale.



The Leader with Integrity!

Professor Dr. Md Bipul Nazir has revolutionized the healthcare paradigm through the establishment of a patient-centric medical center, notably the H Ambulatory Care Centre. Under his leadership, Family Physicians take a holistic approach, overseeing patients comprehensively and prioritizing the treatment of diseases at their root causes. This transformative approach involves strategic investments in the healthcare system, with a specific focus on uncovering the fundamental factors contributing to diseases, including genetic predispositions, lifestyle choices, dietary habits, environmental influences, and other social factors. The result is a pragmatic and cost-effective healthcare system designed for the betterment of humanity, providing affordable and high-value services to the community. This innovative model underscores Prof. Nazir's commitment to creating a healthcare system that addresses the diverse needs of individuals while ensuring accessibility and affordability for the broader community.



Professor Dr. Md Bipul Nazir, an accomplished and self-driven Founding Managing Director, possesses a demonstrable track record and the ability to cultivate and inspire management teams, maximizing company efficiency and profitability as he steers ventures into new horizons.

Aligned with the transformative motto from "Sickcare to Healthcare," Prof. Nazir has spearheaded the development of the World's Best Centre of Excellence. This includes a portfolio of esteemed healthcare brands such as Swift Heal, Diet Ideas, Eye Fit, Pink Physio, DNA Spectrum, and the notable BeFit Wellness Hub. The latter stands as a groundbreaking achievement, being the sole digital and comprehensive wellness hub in Asia, offering an array of advanced natural wellness services. BeFit Wellness Hub not only provides options for disease management but also serves as a platform for integrated medicine implementation.

Actively engaged as a healthcare leader, Prof. Nazir has expanded the healthcare business footprint to encompass Singapore, Cambodia, the USA, India, Vietnam, Indonesia, and the U.A.E. Amidst the challenges posed by the Covid-19 pandemic, Prof. Nazir presented a proposal titled "Alternative Medicine and Treatment Methods for Coronavirus" to the United Nations and World Health Organization. Widely accepted in numerous countries, his proposal earned special recognition from the German government, affirming Prof. Nazir's impactful contributions to global health initiatives.



Professor Dr. Md Bipul Nazir stands as a prominent healthcare leader shaping the present and future landscape of the industry. The group he leads is poised to extend the transformative motto of "From Sickcare to Healthcare" to diverse countries. In the coming years, H is slated to establish a 600-bedded research hospital in Jinan, China, a 300-bedded international hospital in North Sumatra, 12 Ambulatory Care Centers in Malaysia, and multiple wellness hubs in the UAE, Indonesia, India, and Thailand.

Beyond his role as a healthcare leader, Prof. Nazir maintains a profound connection with the public and society, actively contributing to the enhancement of healthcare standards globally. His vision extends to the establishment of sustainable solutions for improved healthcare and living conditions, both within Malaysia and on an international scale.

Engaging with numerous community, national, and international charitable and non-profitable institutions, including Rose Charity Malaysia, Rose Charity International, Rotary Club, Lions Club, Sihat-Sihat Malaysia, National Think Tank, and more, Prof. Nazir exemplifies a commitment to caring for people, understanding their needs, and championing initiatives that contribute to lasting positive change.



Leveraging his extensive corporate, social, and charitable leadership experience, Professor Dr. Md Bipul Nazir has effectively overseen numerous successful international national and humanitarian projects. These initiatives include addressing early-stage Rohingya food issues, providing crucial support to the Medan government by supplying equipment COVID-related and contributing to materials, healthcare initiatives in various nations the African across continent. His strategic leadership has played a pivotal role in helping communities overcome significant challenges on a global scale.

Driven by a noble intention to aid society in both the recovery and prevention of illness, Prof. Nazir assumes a pivotal role in social contribution, yielding noteworthy results, reassurance, and benefits for those in need. Actively engaged, he participates in diverse charity events, including initiatives with Rose Charity, children's health education programs for schools, the digitization of libraries for underprivileged schools, and providing assistance to various orphanage centers globally. His active involvement underscores a commitment to making a positive impact on a global scale.



Guided by innovative ideas, a visionary perspective, and a compassionate mission, Professor Dr. Md Bipul Nazir emphasizes the adage that prevention is better than cure. In alignment with this ethos, he has introduced a groundbreaking healthcare program named "Sihat-Sihat Malaysia," garnering significant public response and support from H Healthcare Group. Under this initiative, over 20,000 Malaysians have undergone screenings.

The primary objective of the Sihat-Sihat Malaysia program is to impart education on healthy lifestyles, balanced diets, and early detection practices. By fostering awareness, the program aims to empower individuals to proactively prevent diseases at their early stages. Additionally, it serves as an educational platform, equipping people with the knowledge to adopt healthier lifestyles for long-term well-being.

ACADEMIC ACTIVITIES



Areas of Expertise:

Innovation and Sustainable Healthcare Hospital Management & Operations Real Estate & Property Development Garment Manufacturing Media Production & Operation Clinical Services & Management Marketing & Business Development Pharmaceutical Business Development Infrastructure Technology Services Manufacturing & Operations Management Oil & Gas (Biodiesel) Global Supply Chain Management Sales and Logistics Management Cash and Asset Management Low-Cost Regional Sourcing Services **Investment Relation Services** Hospitality Industry Services & Management **Import & Export**

SOCIAL ACTIVITIES



Professor Dr. Md Bipul Nazir orchestrated a Preventive Health Care and Health Awareness Camp at the University of Science Malaysia (USM) Penang in January 2019. The event, attended by the entire teaching faculty, including Professors, Lecturers, and the Chancellor, with the latter serving as the guest of honor, proved instrumental in imparting insights into early detection and preventive healthcare solutions. The program significantly benefited the institute and its faculty members, enabling them to share acquired knowledge on preventive healthcare education and solutions with students, departmental staff, and the broader community.

Additionally, Professor Dr. Md Bipul Nazir organized a healthcare camp focused on Preventive Health Care, Lifestyle Changes, and Annual Physical Wellness Health Screening at IVOY property group. Over 70 top officials and associates attended, with Professor Dr. Md Bipul Nazir demonstrating support by distributing over 100 complimentary health screening vouchers. He also played an active role in the annual dialogue of the Penang Centre of Medical Tourism Board at KOMTAR (the state government office), participating in the committee to assist, analyze, and contribute feedback, knowledge, ideas, and core values. His objective was to aid in strategic planning to enhance and promote medical tourism in Penang.

Professor Dr. Md Bipul Nazir actively participated in discussions alongside Southeast Asian leaders, heads of state, and top government officials from the region to address the Rohingya (Myanmar Nationals) crisis in Bangladesh. Leading a team of volunteers, including Rotary Club Medan, Indonesia, he provided vital food aid to over 2000 Rohingya families. The event took place in 2017 at Istana Koki in Medan, Indonesia.

In a collaborative effort, Prof. Nazir engaged in discussions with the Head of Mission from the Singapore government to explore potential collaborations and support for transforming Singapore's Health Care System from Quality Care to Value Care.

Furthermore, Prof. Nazir conducted research on Health Education and authored a book titled "Early Detection and Prevention" at GreenLife Health Care, Malaysia. He played a pivotal role in educating staff at various government entities, private institutions, NGOs, schools, colleges, and universities on preventive healthcare and lifestyle changes.





He led a team actively engaged in discussions to contribute to the development process of the Cambodian healthcare system. Additionally, he took a leadership role with top government officials and teams in Malaysia during the Global Health and Travel conference. The objective of the team's participation was to share valuable knowledge and experiences aimed at enhancing healthcare facilities and systems in Cambodia. He also met with the head of mission from the Vietnam Government, leading a team of experts to explore possible solutions to the difficulties and challenges currently faced by their healthcare industry.

As part of his charitable endeavors, he provided assistance to over 500 children with cancer, supporting them in their treatment. Furthermore, he made significant contributions to education by assisting local schools and addressing social needs within the community.

INTERNATIONAL CONFERRENCE



Nazir, The Global Business Machine!



- International Conference on Economics, Management and Social Study (ICEMSS)
- University Science Malaysia, Preventive healthcare awareness conference, Malaysia 2019
- Global Health & Travel Award Conference, Kuala Lumpur, Malaysia 2019
- Fire safety & Prevention conference Malaysia, 2018
- International Conference on Business Management & Social Innovation 2017
- Blockchain in Healthcare Symposium in Singapore, 2018
- Amana Capital business development & economic conference, Kuala Lumpur 2018
- The Ministry of Health Malaysia conference on Medical building infrastructure development/ planning & implementation conference, The light hotel Penang 2018
- International Conference on Business Management & Social Innovation 2017
- International Conference on Healthcare technology & medical devices, Jakarta, Indonesia, 2017
- World Investment conference Midvalley, Kuala Lumpur, Malaysia 2017
- Amana Capital trading & branding conference Kuala Lumpur 2017
- World Diabetes conference, KPJ Hospital Penang, Malaysia 2016
- Conference on Global Economic forum, Malaysia 2015
- Medical device regulatory system in Malaysia, E&O Hotel, Penang Malaysia, 31 October 2013
- Medical Device & Technology development conference Malaysia, Melaka 2012
- Healthcare development & Medical tourism conference Penang, Malaysia 2012
- Preventive Healthcare & Awareness conference Johor, Traders Hotel 2011
- Singapore International Business & trading conference 2010
- Asia Pacific healthcare professionals conference Sabah, Malaysia 2010

AREA OF INTEREST



Nazir, The Global Business Machine!



AREA OF INTEREST

- Healthcare Business Development
- Oil & Gas
- Airlines
- Hospitality Industry
- Hospital Management
- Telemedicine
- IT & AI Technology Development
- Pharmaceutical/Manufacturing
- Pharmacy
- Trading & Import/Export
- Media & Advertising
- Telecommunication
- Real Estate
- Training & Development

DAILY BUSINESS MANAGEMENT



Daily Business Management:

- o Develop and execute business strategies to achieve board and shareholder goals.
- o Provide strategic advice to the board for accurate market insights.
- o Implement cost-effective operations and market development plans.
- o Communicate and enforce company policies and legal guidelines.
- o Cultivate trust relationships with shareholders, partners, and authorities.
- Oversee financial performance, investments, and business ventures.
- o Delegate responsibilities, supervise executives, and drive performance.
- Review reports to recognize achievements and address issues.
- o Act as the public speaker and PR representative for the company.
- o Analyze situations, provide solutions for company survival and growth.





- □ UEA Most Influential Young Entrepreneur Award 2022
- □ Global Health & Travel Award 2019
- □ Global Health & Travel Award 2020
- □ Global Health & Travel Award 2022
- □ Millennium World Recognition Award 2020 Asia Pacific Business Entrepreneur
- □ Sylhet Mayor Award 2020
- □ The Federation of Bangladesh Chambers of Commerce and Industry (FBCCI) 2020
- □ Successful people in Malaysia by Britishpedia
- □ Outstanding recognition By Former Prime Minister Tun Dr Mahathir bin Mohamad
- ☐ The BSDA Recognition Award 2019
- □ Medilife Best Marketing Campaign Award (Healthcare Industry) 2019
- □ University Science Award on Outstanding Achievement Award In Healthcare-Social Causes 2019
- □ The Best Hospitality In Healthcare Award 2018
- □ The Best Green Project in Healthcare Award, Penang State Government
- □ Malaysia Investment Expo Award 2018
- ☐ China Investment Expo Award 2018
- ☐ Singapore Investment Expo Award 2018



- ☐ Health & Splendor Awards Malaysia 2012
- □ Best Healthcare Entrepreneurs Awards by Health & Splendor Malaysia 2012
- ☐ Best Community Healthcare Service Provider Award Malaysia 2015
- ☐ Best Young Motivator Award 2017
- ☐ Asia Pacific Excellence Award 2014
- □ Contribution Award by Society of Human Resource Professionals and Associates (ITDI)
- □ Outstanding Leadership Award 2015, Istana KOKI, Medan, Indonesia
- □ 50 Most Talented Healthcare Leaders Award, Asia Pacific
- □ Recognition by Tun Dr. Mahathir Mohammad as Outstanding Business Leader & Diplomate, Malaysia
- □ Best Healthcare Supporter by KPJ Healthcare Group Malaysia
- □ Successful Entrepreneur Award by THE TOP
- □ Appreciation Award by Vocational Training College Malaysia
- □ Appreciation Award by College Polytechnic, Jitra, Malaysia
- □ Appreciation Award by College Polytechnic Kulim, Malaysia
- □ Appreciation Award by National Integrated College (NIC), Kuala Lumpur, Malaysia 2017

Honorary Advisor

- ☐ ASIAPEZ ASSOCIATION (Asia Pacific Investment Trade Economic Zone Association)
- □ North Sumatra Governor for Modern Healthcare Infrastructure



Received the United Entrepreneurs Awards as 'Most Influential Young Entrepreneur 2022' on October 2022, during The Nolstagia Legends Charity Event.







"Perfectly complimenting the gala awards at The Bangkok Marriott Hotel Sukhumvit & honoured the award by GLOBAL HEALTH as healthcare hero"



Received Global Heath Awards 2022 on August 2022, during 2022 Asia Pacific Conference and Awards in Bangkok.



Received Global Heath Awards 2022 on August 2022, during 2022 Asia Pacific Conference and Awards in Bangkok.



Nazir, The Global Business Machine!

Prof. Nazir directs his primary business focus to the ASEAN region, leveraging his understanding of market dynamics and strategic planning. With a diverse business background, he identifies healthcare as a sustainable and reliable venture, driven by a passion for holistic well-being. Prof. Nazir envisions establishing premier healthcare infrastructure in Southeast Asia, emphasizing not only quality and modern care but also the inherent value of patient well-being. His commitment to integrity precedes business pursuits, reflecting a dedication to making a meaningful impact in the healthcare sector.

Business Expansion in SEA Countries

In the era of heightened economic competition, Asian healthcare emerges as a focal point for global healthcare growth. This surge is propelled by robust fundamentals, including a rapidly growing aging population, increasing affluence, a rising middle class, and a growing incidence of chronic diseases. Despite these opportunities, a significant demand-supply gap and low public spending on healthcare present challenges in the operating landscape. Numerous Southeast Asian economies grapple with underdeveloped healthcare systems. Looking ahead, Prof. Nazir envisions the need for systemic changes, supported by investor-friendly policies and collaborations, to establish a resilient healthcare ecosystem for the future.

The healthcare sector in Southeast Asia is gaining substantial appeal with a growing population and increased personal disposable income. While healthcare expenditure remains comparatively low, it is steadily rising. Despite varying service quality across countries, improvements are underway throughout the region.

Malaysia, one of the most successful nations in Southeast Asia, boasts consistent robust growth as a middle-income country. Guided by government initiatives, the country is progressively embracing technology and innovation. The H Healthcare Group anticipates seizing this opportunity by opening more Ambulatory Care Centers (ACC) in strategic locations across Malaysia. This initiative aims to cater to visitors choosing Malaysia as a health tourism destination in Asia.



Nazir, The Global Business Machine!

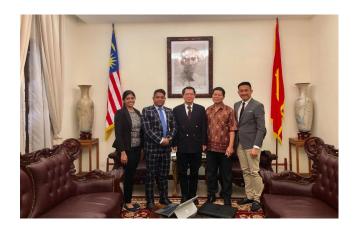
MILESTONE



GLOBAL BUSINESS LEADER

Prof. Nazir has established extensive connections Asian Southeast across countries, fostering collaborations with government agencies and organizations, including MIDA and Investment & Development Authorities. H Healthcare is dedicated to creating a sustainable healthcare solution, initiating a paradigm shift from sick care to healthcare through a three-pronged approach: empowering self-care by promoting health literacy, raising health awareness through comprehensive screening, and delivering continuous value care for maximum benefits.

As the holding company, H Healthcare Berhad is committed developing Medical Ambulatory Care Centers, Clinics, health education platforms, universities, and health media across Southeast Asia. Initially established in Malaysia, the company is expanding its operations to Singapore, Cambodia, Vietnam, China, Thailand, and Indonesia. While these models serve as valuable examples, the intention is to inspire policymakers, investors, social entrepreneurs, and the broader business community to scale up and replicate these models for the greater good of the inclusive economy across Southeast Asia and beyond.









GLOBAL BUSINESS LEADER

The H Group initiated strategic planning in Cambodia over the past two years, capitalizing on the country's renewed economic dynamism and transition towards industrialization and export. With a healthcare sector ripe for improvement, H's presence is poised to bring about remarkable and sustainable changes to Cambodia's economy, benefiting both the government and the public. Currently, many patients seek quality and advanced care abroad in Singapore, Thailand, and Vietnam due to the limited options domestically.

Despite being one of Southeast Asia's smallest countries, Singapore boasts the most advanced and sophisticated economy in the region, consistently ranked among the world's best places for business. Prof. Nazir and the H Group closely collaborate with the Singapore government, sharing business plans, ideas, and necessary development to maintain stronghold in the medical tourism industry.

Indonesia, with the region's largest population and economy, stands as the giant of Southeast Asia and a key member of the G20. The H Group entered the Indonesian market in 2014, currently exploring opportunities to develop the medical tourism industry from Indonesia to Thailand, Singapore, or Malaysia, given its significant economic size and growth.







NEWS



Grand opening ceremony of H Ambulatory Care Centre (HACC) on February 2022



Grand opening of BeFit Wellness Hub with the Penang Chief Minister, YAB. Tuan Chow Kon Yeow



Greatest honor by the former Prime Minister of Malaysia, Tun Dr. Mahathir Bin Mohamad for his greatest recognition 'Hope we will always be close to each other'.



With His Excellency Ambassador of Cambodia, discussing on strengthen the health care system of Cambodia and also healthcare institutions development on Cambodia.



Memorandum of Understanding (MOU) Signing Ceremony between SYC Capital Sdn Bhd and H Healthcare Berhad









UIPM Singapore Honorary Doctorate Convocation Ceremony





YB Chong Eng officiate the launching of Pink Physio, Penang first and only physiotherapy service that focuses on woman health.



Participation of 'Let's Plogging with YB Chong Eng & Dr. Mecherl' at the Straits Quay, Penang.



Group photo with YB Chong Eng and Dr. Mercherl Lim and sponsor Cleaner Greener Penang T-shirt and goodies up to 300 pax to make Penang cleaner and greener.



Sponsoring Lions Club Penang and also those needy for annual medical check up.



Invited as chief guest at Sekolah Kebangsaan Seri Permai and support all the parents worth of RM100,000 for the medical support.



Invited as honorable special guest at Ministry of Foreign Affairs, giving award to the honor of the



Participate in signing ceremony and being appointed as an advisor of Asia Pacific Investment Trade Economic Zone Association (ASIAPEZ).



With the Premier of Dubai Prime Minister, Dr. Faisal Ali Mousa Al Naqbi to discuss about the possible collaboration in order to improve the healthcare industry in Dubai.



With His Excellency Ambassador of Senegal to Malaysia, Mr. Abdoulaye Barro, discussing about the future of healthcare industry in Senegal and Malaysia.



After a successful MOU & collaboration with Ministry of Health Cambodia. Attended by the head of State-Health Secretary Dr. Vandine, The Malaysian High Commissioner, Cambodia, Chairman of H Healthcare Berhad Dr. Ti Lian Geh, Founder & Managing Director Mr. Md. Bipul Nazir, Executive Director Mr. Feynman Lau & the officials of Ministry of health Cambodia



With His Excellency Ambassador Mr. Eldeen Husaini Mohd. Hashim. It was to talk about health care leadership and the development of healthcare system in Cambodia and Malaysia.



With the Honorable Ambassador of Vietnam to Malaysia, exchanging thoughts and ideas about healthcare development and improvement in both Vietnam and Malaysia.



H Healthcare Berhad team of attending Penang Medical Practitioners' Society (PMPS)



With His Excellency Mr. Mia Mohammad Keyamuddin, First Secretary of Bangladesh High Commission Malaysia, receiving his award from H Healthcare Berhad, with the presence of Dr. Ti Lian Geh.



With Penang State Government at his special invitation as his special guest.



With His Excellency Dr. Zahid Bashir, premier at tycoon of trading industry and also the President and Chairman of Budget Petroleum Trading, Dubai.



An honorable discussion with former Penang Governor, Tun Dato' Seri Utama Haji Abdul Rahman bin Abbas, about the development of healthcare industry in Malaysia.



With His Excellency Ambassador Cambodia at his visit to BH Clinic.



Collaboration with Harley Street Medical London, along with the presence of the Chairman and Managing Director.





Exclusive Memorandum of Understanding (MOU) signing ceremony with Panpay Holdings.



International summit at Istana Koki, Medan, Indonesia with regional and international leaders to discuss about the crisis of Myanmar Rohingya issue, and Mr. Nazir has donated the food for 5,000a needy families.



Welcoming Tan Sri Dr. Ismail Hj. Bakar to the grand opening of H Ambulatory Care Centre (HACC).



AMBULATORY MEDICAL CENTRE OF THE YEAR IN ASIA PACIFIC

H AMBULATORY CARE CENTRE

H Ambulatory Care Centre (HACC), based in Penang, is committed to providing ethical medical and surgical services to its esteemed patients/clients. Its team of passionate professionals with special interests in preventive healthcare utilise an innovative approach and advanced technology to kick-start the reversal of metabolic and non-communicable diseases.

Knowing that a conducive feel-goodambience contributes significantly in the process of homeosis and healing, this centre walks the extra miles to co-design a superbly conducive environment which incorporates all factors that are known to facilitate optimal healing of the human body and mind. This is further augmented by its team of human-friendly staff who are specially trained to serve with utmost compassion and diligence. Together, they provide a unique touch of healing to achieve a superior par excellence service which is second to none.

HACC strategically focuses on four key faculties of service to initiate the paradigm shift, "From Sickcare to Healthcare". Their emphasis is on preventive healthcare which includes the triple faculties of Global Health Screening, Primary Care, and Innovative Diabetic Management. The fourth faculty, namely Wound Management Faculty, is a curative faculty which is an essential component of care to prevent the need for foot/leg amputations among many diabetics.

The Innovative Diabetes Management Programme looks at Type 2 Diabetes scientifically as a reversible lifestyle and dietary disease. This centre puts in place all the necessary



Feynman Lau and Md Bipul Nazir

components of management towards a definite reversal of diabetes at its early stages. For the more advanced cases, HACC aims at reducing the quantity of medicines necessary to control the disease while mitigating the disease process to negate its complications.

Although the primary focus of HACC is on preventive healthcare, diabetics who present with late complications, such as foot ulcer/gangrene, shall be managed by HACC's world-class wound care expert/trainer to save their foot/ leg from the devastating process of amputation. Truly, HACC's wound-care team feels deeply with compassion what their diabetic patients sentimentally feel about the reality of losing their foot/leg.

The Global Health Screening creates the 'need-to-know' attitude while provoking the patients/clients to bring out the best attitude of taking responsibility for their own health. This centre strongly believes in the superiority of integrative health management that necessitates the

optimal participation of their valued patients/clients in their health management to produce the most remarkable and satisfying result.

Integrity and meaningful valuecare are placed at the forefront of the centre's multi-prong objectives. The other components of care naturally fall into place alongside the flow of the process to create an exemplary healthcare centre that is both effective and sustainable in an increasingly challenging environment of escalating costs and expectations of the healthcare industry end-users.

Much attention has been focused on providing value-care. HACC professionals and staff are regularly primed to think for their patients/ clients. Thus, costs are kept to a minimum by avoiding the injudicious ordering or use of expensive investigations, surgical procedures, or high-tech equipment. Only investigations, surgeries, or the use of high-tech that contribute towards net value-care shall be carried out to produce a value-added outcome and satisfaction for its patients/clients. HACC's decision-makers are constantly reminded to reflect on the equation of value-care to ensure that the outcome of their care, their patients level of satisfaction, and the cost of treatment together produce the best value-added care for those they serve.

HACC shall serve with pride to enable its patients who walk in with troubled body and mind to leave the centre with a sweet smile and a lingering memory of "A Satisfying Centre That Serves With Great Compassion and Love".

ISSUE 5 | 2022 GlobalHealthAsiaPacific.com

90

BUSINESS Economy

13 entrepreneurs received the United **Entrepreneurs Awards**





A total of 13 entrepreneurs received the United Entrepreneurs Awards (UEA) based on their record of excellence in supporting the country's

The prestigious award was presented by DYAM Tuanku Raja DiHilir Perak, Raja Iskandar Dzurkarnain Sultan Idris Shah on the night of the Nostalgic Legends Charity Event (MANL) which took place at the Royal Perak Golf Club (RPGC) recently.

Advisor of the Nostalgis Legends Charity Council (MANL), YM Dr Raja Putra Shah said the quality of entrepreneurship is very important in guaranteeing the success of an entrepreneur. The quality of entrepreneurship can be measured based on personality factors and entrepreneurial orientation.

"This award, apart from appreciation, is also to help in creating a holistic and conducive entrepreneurial ecosystem to support the inclusive, balanced and sustainable national entrepreneurship development agenda.

"It can also be a source of inspiration for new entrepreneurs, so that there will always be new ideas and innovations which consistently improve product or service development.

The UEA recipients are:

- Most Influential Young Entrepreneur 2022, Md Bipul Nazir (H Healthcare Berhad).
- Excellent Achievement in Information Technology 2022, Aiman Loh (SHT Engineering Sdn. Bhd).
- Best Creative Events Solutions 2022, Chris Lo (Creative Events Solution).
- Excellent Achievement in Training & Services 2022, Dato' Dr. Stanley Chew, representing (Semenyih Eco Venture Village).
- Excellent Achievement in Cross-Border Ecommerce Health & Reverse Aging Products 2022, Sarah Chin Chew Wooi (Amazingly IND Sdn. Bhd).
- Excellent Achievement in Lift and Elevator Industry 2022, Mohd. Alwi Misman (East Asia Elevator Sdn. Bhd).
- Corporate Legal Advisor of the Year 2022, Lai Chee Hoe (Messrs Chee Hoe & Associates).
- Best Women Inspiring Leadership 2022, YM Tengku Khairul Adena Tengku Abdullah (MEEDC Malaysia).











Skilled Migration to Canada

Business & Skilled Migration to Australia & Canada. Apply now for Skilled or Business visa



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Monday, February 17, 2020, Falgun 4, 1426 BS, Jamadius Sani 22, 1441 Hijri

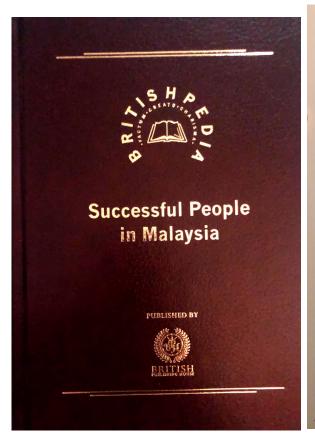


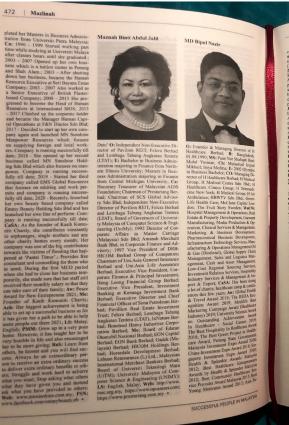


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Global Recognition Award, Malaysia, has honoured Bangladesh Skills Development Academy (BSDA) with an international award - 'the Best Training Institute' - during International Training Launching and Award ceremony in the capital. Chairman of Healthcare Berhad Dr. T LianGeh Victor (C) and President of Global Recognition Award, Malaysia, Md. Bipul Najir handed over the award to Aminur Islam, founder & CEO of BSDA, a sister concern of MAIB Inc. Ltd. at a city hotel recently





Kwong Wah Yit ...

A4a



(右3) 推介《杜尾万山万 左起为阿兹哈、阿末祖海 **排政、戰子森、極順兴;右起** き、那来兴。



凡的记录工作。"

两人发素联合致调时说。这项 2. 计划泵访了数十人,从写作 地方史研究者。老店主人、旧 2. 曾经的商贩、高家到街坊。 2.讲述这座已讲题的生活现场 会迂泪・会激动・更会开心。

*杜尾社区记录计划展开前·我 2亿先涌上来。这里烙印了深刻 k觉·庆典·时节和或长的生命 。这包括90年代去过杜尾万山 f饭档午餐·和运河发出的阵阵 ...

出席者尚有槙州行政议员杨颢 光大区州设员郑来兴、彭加兰 『区州议長魏子森、槟城发展机 ietis Urus 有限公司总执行长阿 海里等・#



黨瑜曼比疊銷錐尔(左3) 麵送紀念品予曹淑友,由依斯迈瑜芝 巴卡 (左 1) 和郑联语医生 (右 1) 精岡。

【樵城 26 日讯】 樵州 舊长 曹观友指 出,模州政府在私人領域业者配合下,根 櫃 2021-2025 年马来西亚医疗旅游业蓝 图,模域在医疗旅游方面处于领先的地

他说,单单在2019年,维州迎来50 万名海外病人当中。醴取了 75 亿令吉。 获评为医疗保健旅游领域中最受认可的州 **X** -

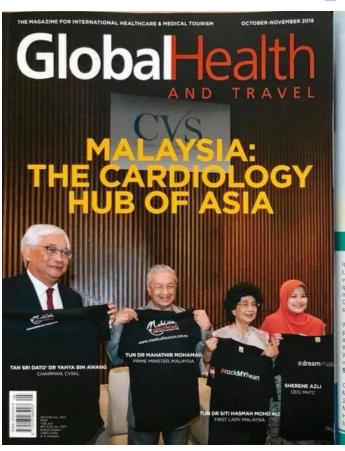
因此·他相信·随着这家 Belt Wellness Hub 及 H Ambulatory Care Centre 的加入,再加上现有磷酸的 18 家私人医 酸,将进一步巩固模州作为我国医疗旅游 业首选目的地的地位。

曹观友是于周六下午在槟城国际会展 中心为H保健集团 (H HealthCare Group) 的 Betit Weliness Hub 及 H Ambulatory Care Centre 主持开幕仪式时,如 是表示。他也欢迎该集团选择在模州创设 保健及护理中心。一起朝向 執城 2030 愿 豪迈进 • 打造更有素质的保健与生活。

曹观友指出,这家 H 保健中心是为病 人提供治疗护理。而 Bett 健康中心的领 難。是为了继续进行非医疗和非手术工 作,以增强客户的健康、防止疾病再次发 作或复发。

他认为,预防性医疗保健,比治疗护 理更为重要。"如果我们可以预防疾病。 我们就不需要治疗。从而节省大量金钱和

出席者包括该集团包办人兼董事经理 莫哈曼比普纳兹尔、主席丹斯里依斯迈哈 芝巴卡、養理主席郑联语、执行董事莎琪 墓、刘荣鸿及斯里特汉医生。#





MESSAGE FROM THE CEO

I gives me great pleasure to welcome you to dream diel Healthcare - a health care provider built with a resion, mission and values to provide the highest provides the highest particular of the highest and the provides the highest provides the highest provides a provide the highest provides the highest maintaining a standard of excellence in all we do. At Green Life, our clients and patients' comfort and

We not only treat, care and manage our clients and ablients but also embark on disease prevention tichtrities and preventive health services to support he Government in its move to have a healthy nation. We encourage all to take control of their health and manage it through our Comprehensive Health Screening programs.

GreenLife Health Care is a subsidiary of Shanaz Marketing Concept Malaysia, was established in July 2013 and has aiready established itself as one of Malaysia's leading companies in providing Preventive Healthcare solutions. The company has expends its Judiness to Singapore, Indonesia, Thailand and Viet-

66 Early detection and prevention is better than cure,

Vietnam to promote medical tourism, yearly compre-hensive medical check-ups for early detection and prevention. At GreenLife, we want your experience to be as pleasant, convenient and comfortable as

Most importantly, we're here to help you prevent diseases and stay healthy as long as possible. We welcome the opportunity to serve you and your family, and we thank you for your trust in us!

Our website www.greenlifehealthcare.com.my is designed to provide useful information about us and the comprehensive healthcare services that we offer.

Md Bipul Nazir Chief Executive Officer GreenLife Health Care









槟首个女性盆底肌理疗服务 章瑛冀女性脱垂尿失禁 等问题获改善

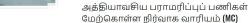
BULETIN MUTIARA

June 30, 2022

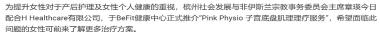




为提升女性对于产后护理及女性个人健康的重视,槟州社会发展与非伊斯兰宗教事务委员会主席章瑛今日



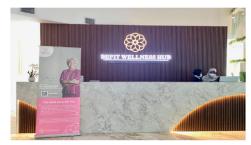






章瑛今日在槟城国际会展中心H Healthcare有限公司领导的带领下,聆听关于该公司简介及汇报,并参观 BeFit健康中心及H门诊护理中心。





她说,许多病患在面料问题时,不敢或不知道有什么管道可以去寻求解决方案,因此她希望更多人包括女 性,可来到BeFit健康中心及H门诊护理中心,了解更多的护理和治疗方案。

H Healthcare 有限公司董事经理毕普纳兹里说,很多女性产后面临尿失禁、器官脱垂及阴道过于松弛等现 象,但因为没有正确的医疗知识,所以就放弃治疗。

他说,透过疗程可以帮助女性将子宫恢复到正位,包括进行盆地肌的锻炼,让器官逐步恢复到以往的状



மீண்டும் செயல்பாடுக் காண

OTHER NEWS

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Buletin Mutiara

அத்தியாவசிய பராமரிப்புப் பணிகள் மேற்கொள்ள நிர்வாக வாரியம் (MC) மீண்டும் செயல்பாடுக் காண வேண்டும்



首长为商家打气 齐心协力拼经



巡视柔府2座水泵房 首长: 蝎 尽所能减少水患问题



Ketua Menteri terima kunjungan hormat Pengarah JPJ Pulau Pinang



Mohd. Sayuthi angkat sumpah sebagai Setiausaha Kerajaan



Projek Wakaf Mutiaraku RM426 juta sasar pembangunan ekonomi dan kebajikan komuniti





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执行董事刘荣鸿说,很多女性在面临此等问题时感到难以启齿,并认为这种病无法完全康复,但其实不 然,因为这类型的问题,在国外早已有了解决方案。

"尿失禁、子宫脱垂患者是可以治疗并康复的,不需要吃药或开刀,只要遵循疗程并进行治疗。根据临床数 据,大约三个星期可看到效果,但需视个人程度而定。"

BeFit健康中心及H门诊护理中心,提供疾病及物理治疗、预防、体重管理、身体检查等服务,而Pink Physio为BeFit健康中心的其中一项服务,是槟城第一家专注于女性健康的物理治疗中心。

Pink Physio 专注于女性健康理疗,帮助女性尿失禁、频尿、子宫脱垂、产后和绝经后性功能障碍、盆腔疼 痛、盆底功能障碍以及有关恢复正常生活的健康及锻炼方法。

有兴趣了解更多咨询者,可浏览https://befitwellnesshub.com。

出席者包括H Healthcare 有限公司医疗总监斯里达兰。





槟首个女性盆底肌理疗服务 章瑛冀女性脱垂尿失禁 等问题获改善

BULETIN MUTIARA

June 30, 2022



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OTHER NEWS



அத்தியாவசிய பராமரிப்புப் பணிகள் மேற்கொள்ள நிர்வாக வாரியம் (MC) மீண்டும் செயல்பாடுக் காண வேண்டும்

为提升女性对于产后护理及女性个人健康的重视,槟州社会发展与非伊斯兰宗教事务委员会主席章瑛今日



为提升女性对于产后护理及女性个人健康的重视,槟州社会发展与非伊斯兰宗教事务委员会主席章瑛今日 配合H Healthcare有限公司,于BeFit健康中心正式推介"Pink Physio 子宫底盘肌理理疗服务",希望面临此 问题的女性可前来了解更多治疗方案。



章瑛今日在槟城国际会展中心H Healthcare有限公司领导的带领下,聆听关于该公司简介及汇报,并参观 BeFit健康中心及H门诊护理中心。







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首长为商家打气 齐心协力拼经



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Projek Wakaf Mutjaraku RM426 juta sasar pembangunan ekonomi dan kebajikan komuniti

GlobaHealth

ONE-OF-A-KIND TWIN FACILITIES IN PENANG H AMBULATORY CARE CENTRE & BEFIT WELLNESS HUB

H Ambulatory Care Centre and BeFit Wellness Hub are the twin facilities created in that direction to prioritise humancentred, affordable value care as well as early detection and proactive prompt management of human diseases and the ageing process in this system.

H Ambulatory Care Centre is neither a hospital, nor a normal outpatient clinic. It stands inbetween, and falls under the category of Ambulatory Care Center by definition. It is an excellent choice for patients whose sicknesses are too severe to be treated as outpatients in a conventional clinic and at the same time do not need a high cost, less personalised sophisticated hospital with multidisciplinary management.

Furthermore, hospital charges had escalated to a level that raises significant concern among patients, insurance companies and generous employers who pay the medical expenses of their employees. The benefits of this category of care center go beyond just cost saving. Being not too big, not too complex, and low patient volume center, H Ambulatory



m the left: Mr Lau Eng Hong, Executive Director of H Healthcare Group ond from the left: Mr Mid Bipui Nazir, Founder and Managing Director of H of from the left: Dato's fi II Lian Ker, Deputy Minister of Youth and Sports n the right: Dr Victor Ti Lian Geh, Deputy Chairman of H Healthcare Group

Care Centre is intrinsically easier to manage with smart management to ensure value care and a more personalised human care with optimal communication that can be very comforting and satisfying.

Naturally, within such set-up, clinical decisions would have to rely more on human (doctor's) decisions based on patient's detail history and physical findings which are often the most important pointers of the patient's diseases. The management of the patients would naturally be more human-based, or in other words, less mechanical. The use of expensive high-tech equipment may often be rendered irrelevant

Patients with more severe diseases who require more prolonged, complex and multidisciplinary management shall be appropriately referred to the most relevant conventional hospitals of their own choice based on truthful information provided by H Ambulatory Care Centre doctors. The patients'

FROM SICK CARE TO HEALTHCARE

autonomy to decide upon their choice of doctor and hospital shall be duly respected. The value-added features of an ambulatory care center shall naturally enable it to gain popularity and develop into a gateway to conventional hospitals. Indeed, H







Ambulatory Care Centre is an idea whose time has come to effectively address the many problems plaguing the existing healthcare models.

Twinning the curative care facilities of H Ambulatory Care Centre, BeFit Wellness Hub provides follow-ups as well as non-surgical and non-medical treatment to further enhance our patients' wellbeing. Patients who have been cured will be educated and encouraged to practise a healthy lifestyle to remain in optimal health so that they can avoid frequent recurrence or onset of

The vision of H Healthcare Group is to become a leader in creating a growing community with optimal health and life expectancy. H Healthcare is on a mission to create a sustainable healthcare solution by initiating a paradigm shift from sickcare to healthcare via an efficient 3-prong action: empowering, enlightening and caring.

H Healthcare heals, heautifies and satisfies all human holistically, regardless of colour and creed. With our humble heart, we create smiles, trust, harmony, and happiness. H signifies Healing, Health, Harmony, Hope and Happiness. H, the signature of H Healthcare.

H Ambulatory Care Centre, Spice Canopy,

L-01-21, Setia, Jalan Tun Dr Awang, 11900 Bayan Lepas, Pulau Pinang

+604-611 8919

⊕ +6011-1646 2030

BeFit Wellness Hub, Spice Canopy, L-01-19, Setia, Jalan Tun Dr Awang, 11900 Bayan Lepas, Pulau Pinang

+604-611 1488

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(S) info@befitwellnesshub.com







NEWS/REPORTS ~ CM PRESS STATEMENTS

Two private healthcare centres now open in Bayan Lepas



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"Upon recovery, it would be good if there is some form of a follow-up encouragement and facility to help us achieve optimal health and prevent diseases.

"As human beings, someday we will fall sick and grow old. While lying in the sickbed, what we want mos



TWO newly-private healthcare centres, namely BeFit Wellness Hub and H Ambulatory Care Centre, are now open to the public.



Both of the facilities are located next to each other at the Setia SPICE Canopy in Bayan Lepas and managed by H Healthcare Berhad.



H Healthcare Berhad founder and managing director Md Bipul Nazir said H Ambulatory Care Centre provides curative care for the sick while BeFit Wellness Hub is created to continue non-medical and nonsurgical works to enhance the clients' health to prevent further onset or recurrence of diseases

"They act as a bridge between full-fledged medical centres and general practice clinics," he said in his speech before Chief Minister Chow Kon Yeow officiated the opening ceremony at Setia SPICE Canopy in

"In general, both facilities provide a range of comprehensive specialist and surgical services including wellness, diagnosis, treatment, and rehabilitation.

Chow said the establishment of the two private healthcare centres would certainly set a new benchmark

"And today, I am very glad to know that we have H Ambulatory Care Centre and BeFit Wellness Hub in Penang to provide both the curative healthcare and preventive healthcare modalities to the people of Penang," he said.

Chow also expressed his confidence that the two private medical centres in Penang would further solidify the state's position as the top destination of Malaysia Healthcare Travel Industry.

"And according to the Malaysia Healthcare Travel Industry Blueprint 2021-2025, Penang leads the way in healthcare travel revenue, earning RM750 million from 500,000 patients who flew to the state in 2019.

"Penang was also named as the 'Most Established State in Healthcare Travel'" he added.

Also present during the opening ceremony were H Healthcare Berhad chairman Tan Sri Datuk Seri Dr Ismail Bakar and H Healthcare Berhad deputy chairman Dr Ti Lian Geh.







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主页 > 国内新闻

曹观友:私人领域配合 槟医疗旅游处领先地位



莎琪嘉(左2起)、刘荣鸿、斯里特汉医生、曹观友、莫哈曼比普纳兹尔、丹斯里依斯迈哈芝 巴卡及及郑联语医生主持推介礼。

槟州首长曹观友指出,槟州政府在私人领域业者配合下,根据2021-2025年马来西亚医疗旅 游业蓝图, 槟城在医疗旅游方面处于领先的地位。

他说,单单在2019年,槟州迎来50万名海外病人当中,赚取了7.5亿令吉,获评为医疗保健 旅游领域中最受认可的州属。

因此,他相信,随着这家Befit Wellness Hub 及 H Ambulatory Care Centre的加入,再 加上现有槟城的18家私人医院,将进一步巩固槟州作为我国医疗旅游业首选目的地的地位。

曹观友是于周六下午在槟城国际会展中心为H保健集团 (H HealthCare Group) 的Befit Wellness Hub 及 H Ambulatory Care Centre主持开幕仪式时,如是表示。



莫哈曼比普纳兹尔 (左3) 赠送纪念品予曹观友,由依斯迈哈芝巴卡 (左1) 和郑联语医生 (右1) 陪同。



曹观友 (右) 参观Befit Wellness Hub 及 H Ambulatory Care Centre。

他也欢迎该集团选择在槟州创设保健及护理中心,一起朝向槟城2030愿景迈进,打造更有素 质的保健与生活。





青年及体育副部长拿督斯里郑联科走访,对两个机构给与高度好评。







首页 今日北馬 社会 2022全国大选 HOT视频 教育 泰新闻 大讲堂 提醒你 吃喝玩乐

BeFit健康及H门诊护理中心 曹观友: 巩固槟城医药旅游地位

(槟城2日讯) 槟州首长曹观友指出,随着BeFit健康中心及H门诊护理中心的 运作,槟州又新增一家疾病治疗及预防服务的机构,可以造福槟州人民。

曹观友日前在槟城国际会展中心处,为H Healthcare有限公司的BeFit健康中 心及H门诊护理中心主持开幕时,这么说。

他说,随着此医疗中心的运作,加上槟州现有的18家私人医院,可以巩固槟 城在医药旅游地位,成为大马最佳医药旅游地点。



曹观友(左3)为BeFit健康中心及H门诊护理中心,主持开幕。

他续说,根据《2021-2025大马医药旅游大蓝图》,在2019年有50万病患飞 到槟城进行治疗,并从医药旅游处获得7亿5000万令吉盈利,这让槟城在医药 旅游业中取得领先, 槟州也被誉为"最佳医药旅游州属"。

他指出, 人们总会生病和老迈, 但当真的躺在病床时, 当然希望可以得到妥 当的照护直到康复,并在康复后得到最佳的后续跟进,以让健康痊愈及防范 疾病重次复发。



曹观友(中)在牌匾上签名见证开幕。

"BeFit健康中心及H门诊护理中心,提供疾病治疗及预防服务,我希望此中心 的服务,可以造福槟州人民。"

主页 即時 新闻 - 地方/北马 - 副刊 - 良醫 大事件 - 影音 - 商訊 - 光明好料 廣告 - 新型冠狀病毒 開於我們

首長:BeFit運作和18私人醫院 鞏固檳醫 藥旅遊地位





(檳城27日訊)檳州首席部長曹觀友指出,隨著BeFit健康及H門診中心的運作,加上州內現有的 18間私人醫院,將有助於進一步鞏固檳城在國內醫藥旅遊的地位。

"我們始終會生病和變老。當我們躺在病床時,大家都希望得到妥當照護直到康復。而在康復後, 也希望得到最佳的後續跟進,以讓健康痊癒及防範疾病再次復發。

曹觀友昨日在檳城國際會展中心為H Healthcare有限公司旗下BeFit健康及H門診中心主持開幕時 說,希望該中心提供的疾病治療及預防服務,可以造福檳州人民。

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曹观友(左3)为BeFit健康及H门诊中心主持开幕。

北号 发布于 2022年02月26日 16时40分・最后更新 9个月前・报号: 吴维康

BeFit 健康及H门诊中心开幕 曹观友: 巩固槟州医药 旅游地位



首页 | 北马 | 国内 | 娱乐 | 国际 | 体育 | 奇闻 | 吉论 | 报动视频 | 心电图 | 大城小模 | 财经 | 副刊 | 光华特区 | 好人好事 | 市场动态 | 广告 | 光华 E 报 | 慈济专区 | 工作招聘 | 受討人士 | 全国大选 | 2022世界杯

全槟首个女性底盘肌理疗服务推介 章瑛冀女性脱垂尿失禁等问题获改善



章瑛(左3)于BeFit健康中心正式推介"Pink Physio 子宫底盘肌理疗服务"。左起为刘荣 鸿、毕普纳兹里、斯里达兰医生、林明蕊博士。

为提升女性对于产后护理及女性个人健康的重视,槟州社会发展与非伊斯兰宗教事务委员会 主席、槟州妇女發展机构(PWDC)主席章瑛今日配合H Healthcare有限公司,于BeFit健 康中心正式推介"Pink Physio子宫底盘肌理疗服务",希望面临子宫脱垂、尿失禁等问题的女 性可前来了解更多治疗方案.

章瑛今日在槟城国际会展中心H Healthcare有限公司领导的带领下,聆听关于该公司简介及 汇报,并参观BeFit健康中心及H门诊护理中心。

她说,许多病患在面料问题时,不敢或不知道有什么管道可以去寻求解决方案,因此她希望 更多人包括女性,可来到BeFit健康中心及H门诊护理中心,了解更多的护理和治疗方案。

H Healthcare 有限公司董事经理毕普纳兹里说,很多女性产后面临尿失禁、器官脱垂及阴道 过于松弛等现象,但因为没有正确的医疗知识,所以就放弃治疗。

他说, 透过疗程可以帮助女性将子宫恢复到正位, 包括进行底盘肌的锻炼, 让器官逐步恢复 到以往的状态。

执行董事刘荣鸿说,很多女性在面临此等问题时感到难以启齿,并认为这种病无法完全康 复,但其实不然。这类型的问题,在国外早已有了解决方案。

"尿失禁、子官脱垂患者是可以治疗并康复的。不需吃药和开刀,只要遵循疗程并进行治疗, 据临床数据,大约三个星期可看到效果,但需视个人程度而定。

BeFit健康中心及H门诊护理中心,提供疾病及物理治疗、预防性治疗、体重管理、身体检查 等服务,而Pink Physio,为BeFit健康中心一员,是槟城第一家专注于女性健康的物理治疗





AMBULATORY MEDICAL CENTRE OF THE YEAR IN ASIA PACIFIC

H AMBULATORY CARE CENTRE

H Ambulatory Care Centre (HACC), based in Penang, is committed to providing ethical medical and surgical services to its esteemed patients/elients. Its team of passionate professionals with special interests in preventive healthcare utilise an innovative approach and advanced technology ackies that the reversal of metabolic and non-communicable diseases. Knowing that a conductive feel-good-ambience contributes significantly in the process of homeosis and healing, this centre walks the extra miles to co-design a superbly conductive H Ambulatory Care Centre (HACC),

to co-design a superbly conducive environment which incorporates all factors that are known to facilitate optimal healing of the human body and mind. This is further augmented by its team of human-friendly staff who are specially trained to serve with utmost

specially trained to serve with utmost compassion and diligence Together, they provide a unique touch of healing to achieve a superior par excellence service which is second to none. HACC strategically focuses on four key faculties of service to initiate the paradigm shift. From Sickcare to Healthcare Their emphasis is on preventive healthcare which includes triple faculties of Global Health Screening. Primary Care, and Innovative Diabetic Management. The fourth faculty, namely Wound Management Faculty, is a curtive faculty which is an Faculty, is a curative faculty which is an essential component of care to prevent the need for foot/leg amputations amone many diabetics

The Innovative Diabetes Management Programme looks at Type 2 Diabetes scientifically as a reversib lifestyle and dietary disease. This centre puts in place all the necessary



Feynman Lau and Md Bipul Nazir

components of management towards a definite reversal of diabetes at its early stages. For the more advanced cases. HACC aims at reducing the quantity of medicines necessary to control the disease while mitigating the disea

disease while mitigating the disease process to negate its complications. Although the primary focus of HACC is on preventive healthcare, diabetics who present with late complications, such as foot uleer/gangrene, shall be managed by HACC's world-class wound care expert/trainer to save their foot/leg from the devastating process of amputation. Truly, HACC's wound-care team feels deeply with compassion what their diabetic patients sentimentally feel about the reality of losing their foot/leg. losing their foot/leg.

The Global Health Screening creates the 'need-to-know' attitude while provoking the patients/clients to bring out the best attitude of taking ensibility for their own health This centre strongly believes in the superiority of integrative health management that necessitates the

optimal participation of their valued patients/clients in their health

patents/ctlents in their health management to produce the most remarkable and satisfying result. Integrity and meaningful value-care are placed at the forefront of the centre's multi-prong objectives. The other components of care naturally fall into place alongside the flow of the process to create an exemplary healthcare centre that is both effective and sustainable in an increasingly challenging environment of escalating costs and expectations of the healthcare inclusty end-users.

healthcare industry end-users. Much attention has been focused on providing value-care. HACC professionals and staff are regularly primed to think for their patients/ clients. Thus, costs are kept to a clients. Thus, costs are kept to a minimum by avoiding the injudicious ordering or use of expensive investigations, surgical procedures, or high-tech equipment. Only investigations, surgeries, or the use of high-tech that contribute towards net value-care shall be carried out to produce a value added outcome and satisfaction for its patients/clients. HACC's decision-makers are constantly reminded to reflect on the equation of value-care to ransur that the outcome alue-care to ensure that the outcome of their care, their patients level of satisfaction, and the cost of treatment together produce the best value-added

care for those they serve. HACC shall serve with pride to enable its patients who walk in with troubled body and mind to leave the centre with a sweet smile and a lingering memory of "A Satisfying Centre That Serves With Great sion and Love



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Investor Malaysia Akan Bangun Rumah Sakit Senilai Rp 4 Triliun di Sumatera Utara

Ricky Fernando Hutapea - Sabtu, 03 September 2022 | 15:16 WIB



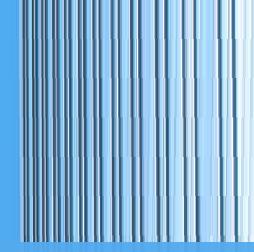
Tim investor asal Malaysia berbendera "H Healthcare Berhad" yang berpusat di Dubai saat melakukan pertemuan dengan Gubernur Sumatera Utara H Edy Rahmayadi.(iNewsSiantar.id/Ist)

Dalam video confrence itu gubernur Edy Rahmayadi menyampaikan sangat menanti kedatangan Mr. Bipul Nazir di Medan, ,untuk membicarakan dan berkordinasi terkait berbagai hal tentang investasi lainnya dan pembangunan RS Internasional di Sumatera Utara bernilai 250 milion US Dollar - 300 milion US Dollar atau sekira Rp4,4 triliun dari perusahaan yang berpusat di Dubai, Uni Emirat Arab (UEA) dan India itu.

Dengan nada serius Edy juga menggarisbawahi, proses tindaklanjut penanaman modal asing itu tidak bisa melalui "cakap cakap" saja, tapi harus benar benar direspon dengan cepat dan disesuaikan dengan ketentuan berlaku.

Pemprovsu kata Gubernur akan menyiapkan lahan sedikitnya seluas 20 hektare di kawasan Sport Centre City, Desa Sena, Kualanamu, Deliserdang.

Editor: Riky Fernando Hutapea



Corporate Headquarters

H Healthcare Berhad
Lot-1-18, Setia Spice Canopy,
Jalan Tun Dr. Awang, 11900,
Bayan Pepas Pulau Pinang,
Tel: +604 611 7738
nazir@hhealthcaregroup.com
www.hhealthcaregroup.com



